

The role of the nurses in Ambulatory Surgery

Prague november 2023



Introduction

- Ambulatory Surgery
- The patient course
- Nurses qualities

Ambulatory Surgery

- The patients are admitted, operated and discharged the same day.
- The Operating rooms and resting area are in one unit in many hospitals in Denmark.
- The resting area accommodate the patients for the surgery (Before and after the surgery).
- Surgical areas: Mostly open 8 hours.
- The resting area: Mostly open 12 hours.
- 5 days a week

Examples of Surgical specialities:

- Orthopaedic surgery (shoulder, knees, hips, hands and feet)
- Gynecological surgery (female diseases)
- Abdominal Surgery (gastric and intestinal region)

An unit of Ambulatory Surgery

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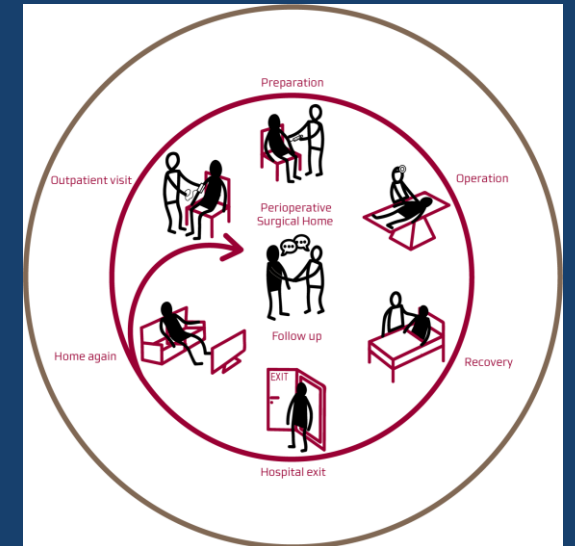
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The patient course in the Unit of Ambulatory Surgery



- Receives written information about the appointment and procedure.
- Arrival and registration.
- Waiting area
- Changing and preparation (own clothes, anaesthesia, etc.)
- Operation and anaesthesia (anesthetic/block, communication, etc.)
- Recovery/rest (observation, catering etc.)
- Feed back - Discharge (pain treatment, exercises etc.) including relatives
- Discharge (not drive yourself, etc.)



- The nurses in the Unit of Ambulatory Surgery are involved in almost all aspects of the patients course.

Patient Course



Professional qualities



The different work areas for the nurses in the unit of Ambulatory Surgery:

- Surgical nurse
- Anesthesia nurse
- Awakening nurse

Many of the nurses are capable and educated, so they can work in more than one area, which provides flexibility to the unit

Professional qualities



The nurses in the Unit of Ambulatory Surgery need to have skills within:

- Social, organizational and innovative skills
- Technical skills
- Hygiene
- Coordination
- Communication
- Teaming
- Education
- Update on the most recent evidence-based clinical nursing

Personal qualities



- Be able to create a relation to the patient in a short period of time.
- Be able to meet and see the patient as an individual.
- Be able to work interdisciplinarily
- Be able to cooperate
- Be flexible in relation to work tasks.
- Be able to maintain their different acquired skills.

Nurses qualities

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Nurses clinical performance in the Unit of Ambulatory Surgery



When the nurses in the Unit of Ambulatory Surgery uses all of their professional and personal qualities and skills in their clinical performance, the unit of Ambulatory Surgery will be able to:

- Create a coherent, effectively and well organized course for the patient.
- Base the course on the patients needs.
- Including the patient in the process.
- Making the patient feel safe.
- Make sure that the patient has as few contacts with health professionals as possible.

The work environment in the Unit of Ambulatory Surgery will be characterized by:

- A high degree of cooperation where interdisciplinarity is paramount.
- A lot of flexibility, which is crucial to the task solution, but also provides an interesting and challenging work life.

Which ultimately will contribute to an efficient and coherent patient course, where patients experience few transitions and continuity.

Thank You for your time

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